You can just update your local copy of the repository by typing "git pull origin master" from time to time.
Every commit to the code has a short message of what was done (I admit that the commit messages are sometimes not too informative). You can read the history of commit messages to get an idea of what was done.

However, I think it is a good idea to post some infos about the changes whenever someone pushes to the repository (located at agatagsi (at) lx-pool.gsi.de:git/prespec). Perhaps with a bit more details than in the commit message.

About versions: The framework is done in a way that you can add functionality without changing existing functionality. As long as nobody modifies processors in a way that changes their behavior in existing analysis scripts, we all can pull safely and work with the most recent version. So I don't see an urgent need for version numbers.