I humbly suggest you to start a thread which has the release notes inside. In this way, the users could be aware of the new updates, could upgrade their release, and could know what are the changes with respect to the previous release. And maybe starting to give a version number to each release, and indicate it in the folder name "prespec", like prespec-0.1.2345 are good ideas. So the users can follow the upgrades easier.

Well, I'm just saying, you are the owners!